



# GET STARTED

JUDO FOR BEGINNERS



# SIGN UP TODAY!

*UNLEASH THE BENEFITS | THE ART OF JUDO*

**Banbury Judo Club**

**8 week Beginners Course Starting May 8th**

**Juniors (£20)**

**Seniors (£30)**

For more information email us at [banburyjudo@gmail.com](mailto:banburyjudo@gmail.com)

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**FITNESS SELF-DEFENCE DISCIPLINE COORDINATION**  
**NEW SKILLS + MORE**

