

Banbury Judo Club

Jemima Yeats-Brown Masterclass:



Jemima hosted an intimate Masterclass session for the Juniors at the end of last term. All those attending managed to get some 1 on 1 coaching with this Team GB and multiple IJF Tour medallist.

The senior session was a sell out with visiting judoka from a number of clubs and covered an impressive range of techniques for us to master in a single session. A single turnover technique turned into so many variations of hold downs, strangles and arm locks.

Jemima is now on the most wanted list of coaching sessions to visit for everyone that was there.

Watch out for details of the next masterclass host and session.

Term dates:

Term starts: 24 April 2022

New starter courses commence 8 May 2022

Juniors Grading: 22 May 2022

Half term **29 May to 5 June – No Juniors judo**, adults as normal

Juniors Grading: 15 July 2022

Term ends: 23 July 2022

Junior classes are closed for the summer holidays, adult classes continue as normal

BGN use the sports hall for exams in this summer term and we do occasionally get let down at short notice. Whilst we endeavour to email, please consider joining our facebook page as this is where any amendments are posted.

New starter courses:

Banbury Judo and the BJA are promoting the “Get Started” campaign, which is an 8 week taster course to encourage people into judo starting 8 May 2022. The support of the BJA allows us to offer these sessions at a discounted price. These sessions will run alongside our existing sessions with a view to incorporating new starters into the main sessions over the weeks.

If you are interested, or know anyone who may be, please get in touch. Alternatively if you are able to help advertise the course, please download a poster from our website: banburyjudoclub.org.uk

Fees:

For the first time in 3 years, the club is having to change the session prices in order to keep the club running. All coaches and helpers volunteer their time throughout the year and we try to make the sport accessible to everyone. If you have any concerns, please speak to one of the coaches at the end of a session.

Mat fees for juniors are now equivalent to £4 per week and payable termly in advance by electronic transfer. The fee for this 12 week term is **£48 per child**.

Mat fees for adults are now equivalent to £6 per week for the 1.5 hour Sunday session and payable monthly in advance by standing order at **£24 per month**.

The Thursday adult session is now £4 per week payable by bank transfer or cash on the day.

Bank details are as follows:

Banbury Judo Club
A/c No:
S/C:

Judo licences:

It is a requirement that every judoka holds a licence, as this provides insurance and the grading structure. **NO LICENCE, NO JUDO**.

For those just starting out, there is a free 3 month introductory membership.

For anyone under 8, the membership is 'Judo Kids' - £24/year

For anyone who does not wish to grade or compete, there is the option for a recreational licence - £17/year

Junior Membership is £31/year if a new licence, or £28/year for a renewing member.

Membership to the BJA are purchased directly from their website:

<https://www.britishjudo.org.uk/my-judo/membership/applyrenew-online/>